

WARRAH BIODYNAMIC FARM AND SHOP
Open Monday to Friday 9.00am-5.00pm
Saturday 9.00am-3.00pm20
Harris Road Dural NSW 2158
02 9651 3869 / 0491 090 480
farmshop@warrahfarmshop.org.au

## **Typical Seasonal Boxes February**

Small Fruitapple gala510g\$20bananas530gplums310g	
plums 310g	
grapes 340g	
Small Veg cos lettuce 1 head \$40	
curly kale 1 bunch	
carrots 500g	
beetroot 410g	
corn 2 cobs	
sweet potato 470g	
tomato gourmet 350g	
cauliflower half head	
green capsicum 270g	
red onion 200g	
Small Mix apple gala 510g \$40	
bananas 530g	
grapes 340g	
cos lettuce 1 head	
curly kale 1 bunch	
carrots 500g	
beetroot 410g	
corn 1 cob	
sweet potato 470g	
Medium Mix apple gala 510g \$58	
bananas 530g	
plums 310g	
grapes 340g	
cos lettuce 1 head	
curly kale 1 bunch	
carrots 500g	
beetroot 410g	
corn 2 cobs	
sweet potato 470g	
tomato gourmet 350g	
cauliflower half head	

Large Mix	apple gala	510g	\$78
	bananas	530g	
	plums	310g	
	grapes	340g	
	cos lettuce	1 head	
	curly kale	1 bunch	
	carrots	500g	
	beetroot	410g	
	corn	2 cobs	
	sweet potato	470g	
	tomato gourmet	350g	
	cauliflower	half head	
	silverbeet	1 bunch	
	oranges	470g	
	nectarines	260g	
	mushrooms	1 punnet	

## **Typical Seasonal Boxes June**

<b>Box Option</b>	Produce Included		Price	
Small Fruit	apples	630g	\$20	
	bananas	760g		
	oranges navel	900g		
	pears	500g		
Small Veg	English spinach	1 bunch	\$40	
•	cos lettuce	1 head		
	potato Dutch cream	700g		
	onions small	710g		
	red capsicum	310g		
	carrots	540g		
	broccoli	360g		
Small Mix	apples	630g	\$40	
	bananas	760g		
	oranges navel	900g		
	English spinach	1 bunch		
	cos lettuce	1 head		
	potato Dutch cream	700g		
	onions small	700g		
	red capsicum	310g		

Medium Mix	apples	630g	\$58
	bananas	760g	
	oranges navel	900g	
	pears	500g	
	English spinach	1 bunch	
	cos lettuce	1 head	
	potato Dutch cream	700g	
	onions pickling	700g	
	red capsicum	310g	
	carrots	540g	
	broccoli	360g	
Large Mix	apples	630g	\$78
	bananas	760g	
	oranges navel	900g	
	pears	500g	
	English spinach	1 bunch	
	cos lettuce	1 head	
	potato Dutch cream	700g	
	onions pickling	700g	
	red capsicum	310g	
	carrots	540g	
	broccoli	360g	
	mushrooms	1 punnet	
	coriander	1 bunch	
	mandarins	480g	

## **Typical Seasonal Boxes September**

<b>Box Option</b>	Produce Included		Price	
Small Fruit	Apples (Fuji) Bananas Strawberries Tangelo	500g 900g 1 punnet 700g	\$20	
Small Veg	Baby Spinach Kale (black) Avocado Onion (brown) Potato (Dutch) Cauliflower Beans Carrots Eggplant	130g 1 bunch 2 pieces 450g 450 half head 150g 570g 350g	\$40	
Small Mix	Apples (Fuji) Bananas Strawberries Baby Spinach Kale (black) Avocado Onion (brown) Potato (dutch) Cauliflower	500g 700g 1 punnet 130g 1 bunch 2 pieces 450g 450g half head	\$40	

Medium Mix	Apples (Fuji) Bananas Strawberries Tangelo Baby Spinach Kale (black) Avocado Onion (brown) Potato (dutch) Cauliflower Beans Carrots	500g 900g 1 punnet 700g 1 punnet 1 bunch 2 pieces 450g 450g half head 150 570g	\$58
Large Mix	Bananas Strawberries Tangelo Baby Spinach Kale (black) Avocado Onion (brown) Potato (Dutch) Cauliflower Beans Carrots Tomato (cherry) Mushroom	900g 1 punnet 700g 1 punnet 1 bunch 2 pieces 450g 450g half head 150 570g 1 punnet 1 punnet	\$78

Warrah Farm Shop is a social enterprise which engages people with disability through volunteering and work experience. All profits from the Farm Shop go towardsWarrah's Disability Services.